

# Kapa forest sprint relays 2025 – pre-start information

## 1. Programme

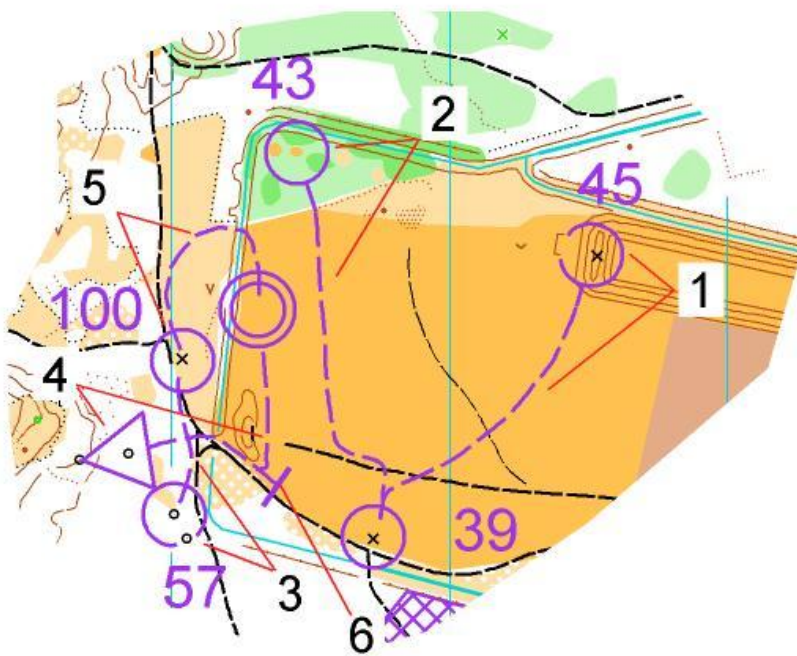
16:00 Registration for the relay is open at the competition center

17:30 Start for all classes

20:00 Prize-giving ceremony at the competition centre

## 2. Competition centre

There will be several spectator controls and marked routes through the competition center. Control 39 will be used for all classes and legs. Courses from control 39 will differ by classes and legs – see the picture below.



**1** – Marked route through competition center for MIX14, 16, 21, 130 1st and 2nd legs.

**2** – Marked route through competition center for MIX14, 16, 21, 130 3rd legs and MIX160 all legs.

**3** – Marked route to last control (control 100) for MIX12 and MIX190 classes.

**4** – Marked route from relay exchange to starting point, for all classes.

**5** – Marked route from last control (control 100) to finish, for all classes.

**6** – First leg start for all classes.

## 3. Controls in the forest

There will be a lot of controls in the terrain close to each other. **BE CAREFUL AND CHECK THE CONTROL CODES!** Control codes will be printed both in the legend description on the side of the map and on the map next to the control number.

**Map scale – 1:5000.**

## 4. Change-over

The 2nd and 3rd leg runners, when entering the start zone for the relay exchange, will receive a **rolled-up map** for their leg. **Please check that the number on the map matches your team number.**

The map may only be unrolled at the moment the relay is received from the finishing team member.

## 5. Final course lengths

	Course length (length of 3rd leg)	Number of controls (for 3rd leg)
MIX12	1,5 (1,5) km	8 (8)
MIX14	1,9 (1,7) km	11 (10)
MIX16	2,0 (1,9) km	11 (11)
MIX21	2,6 (2,1) km	13 (12)
MIX130	2,2 (1,8) km	12 (10)
MIX160	1,9 (1,7) km	11 (9)
MIX190	1,4 (1,4) km	9 (9)